



**ACTION
AGAINST
HUNGER**



Global Highlights

2025

Our vision: a world free from hunger

Global hunger stats

Our vision is for a world in which children and adults have access to sufficient nutritious food and clean water and can attain these with dignity. No child should ever die from hunger, and severe undernutrition should be eradicated.



**147.4
million**

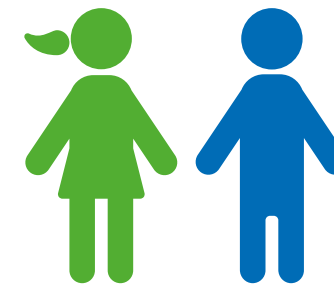
Conflict and insecurity remained the primary driver of hunger in 19 countries and territories, affecting 147.4 million people – more than 50 per cent of all people experiencing crisis levels of hunger



**673
million**

673 million people in the world are malnourished

**35.5
million**



An estimated 35.5 million children were acutely malnourished in 2025, with a further 25.7 million suffering from moderate acute malnutrition



**60%
by 2030**

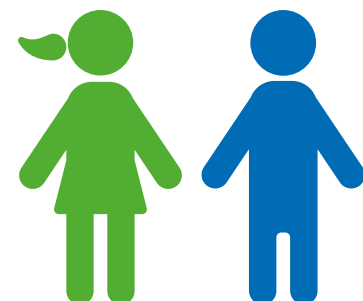
The African continent is now home to nearly half of the world's hungry people, and this figure is projected to rise to 60 per cent by 2030

**Above
20%**



The global number of people facing high levels of acute food insecurity has nearly doubled since 2016, remaining above 20 per cent every year since 2020

23.2%



Worldwide, an estimated 23.2 per cent of children were stunted and 6.6 per cent were wasted (down from 26.4 per cent and 7.4 per cent respectively in 2012)

**39.1
million**



39.1 million people in 32 countries and territories were in Emergency (IPC Phase 4), and 1.4 million people in 6 countries and territories were in Catastrophe (IPC Phase 5): Occupied Palestinian Territories (Gaza), Sudan, South Sudan, Yemen, Haiti, and Mali



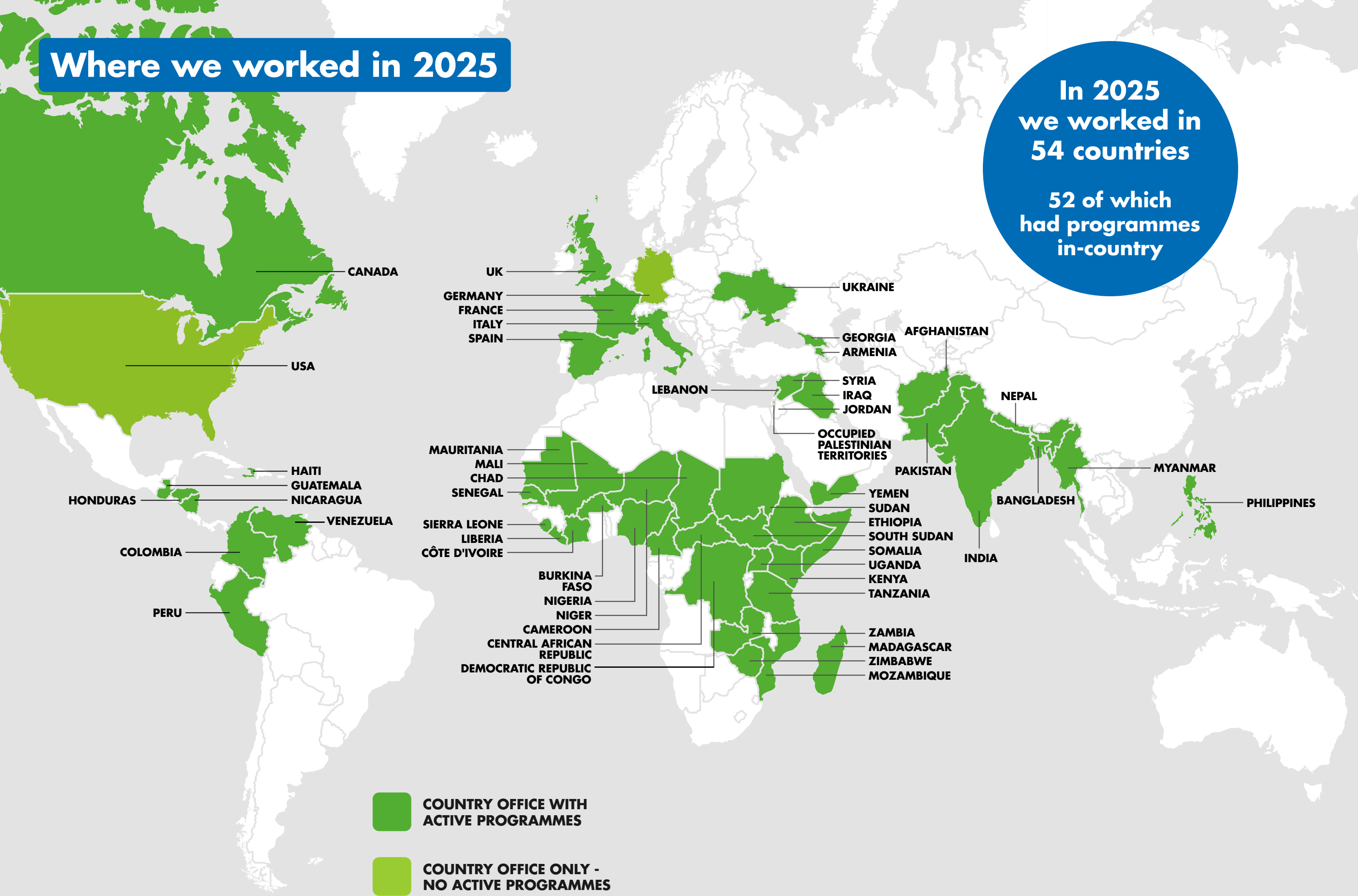
1 in 4

1 in 4 women and children are disproportionately affected by undernourishment: only 48 per cent of women and 25 per cent of children in Africa achieve minimum dietary diversity

Where we worked in 2025

**In 2025
we worked in
54 countries**

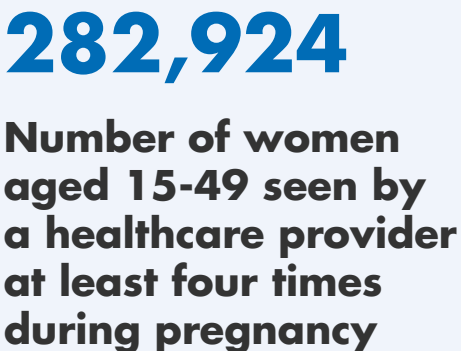
**52 of which
had programmes
in-country**



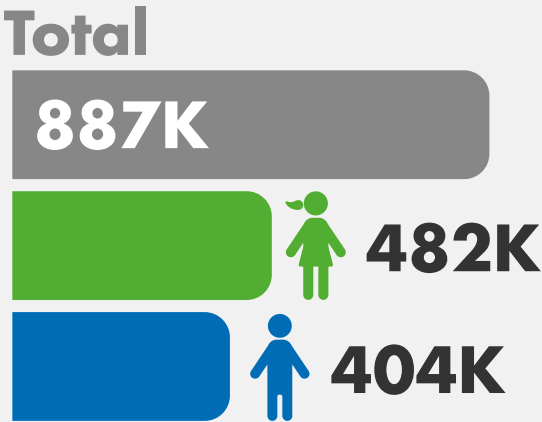
Our impact



All financial information is based on unaudited figures and may be subject to change



Admissions for malnutrition (children)



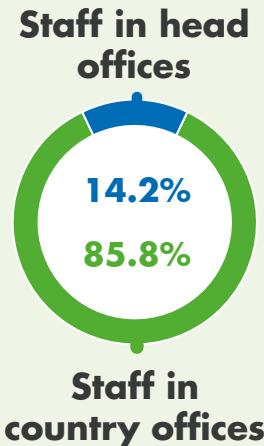
Water, sanitation and hygiene (WASH)



Emergencies



Presence



Data from UK, France, Spain, US, Canada, Germany and Italy

* Total numbers refer to individuals receiving outputs in each sector - not the actual number of people reached



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Our key priorities:

1. We save lives

Lives are saved and immediate needs are met in an effective and inclusive manner in emergency contexts.

2. We collectively build resilience

People and communities are better able to withstand future shocks. Mitigation of the climate crisis and of gender inequality is embedded in the fight against hunger.

3. We connect and mobilise

Citizens, communities, civil society and actors at all levels are mobilised as part of a collective movement to end hunger.

4. We create and share knowledge

Best practice in the fight against hunger is developed collaboratively by a diversity of actors and shared for the empowerment of all.



Emergencies

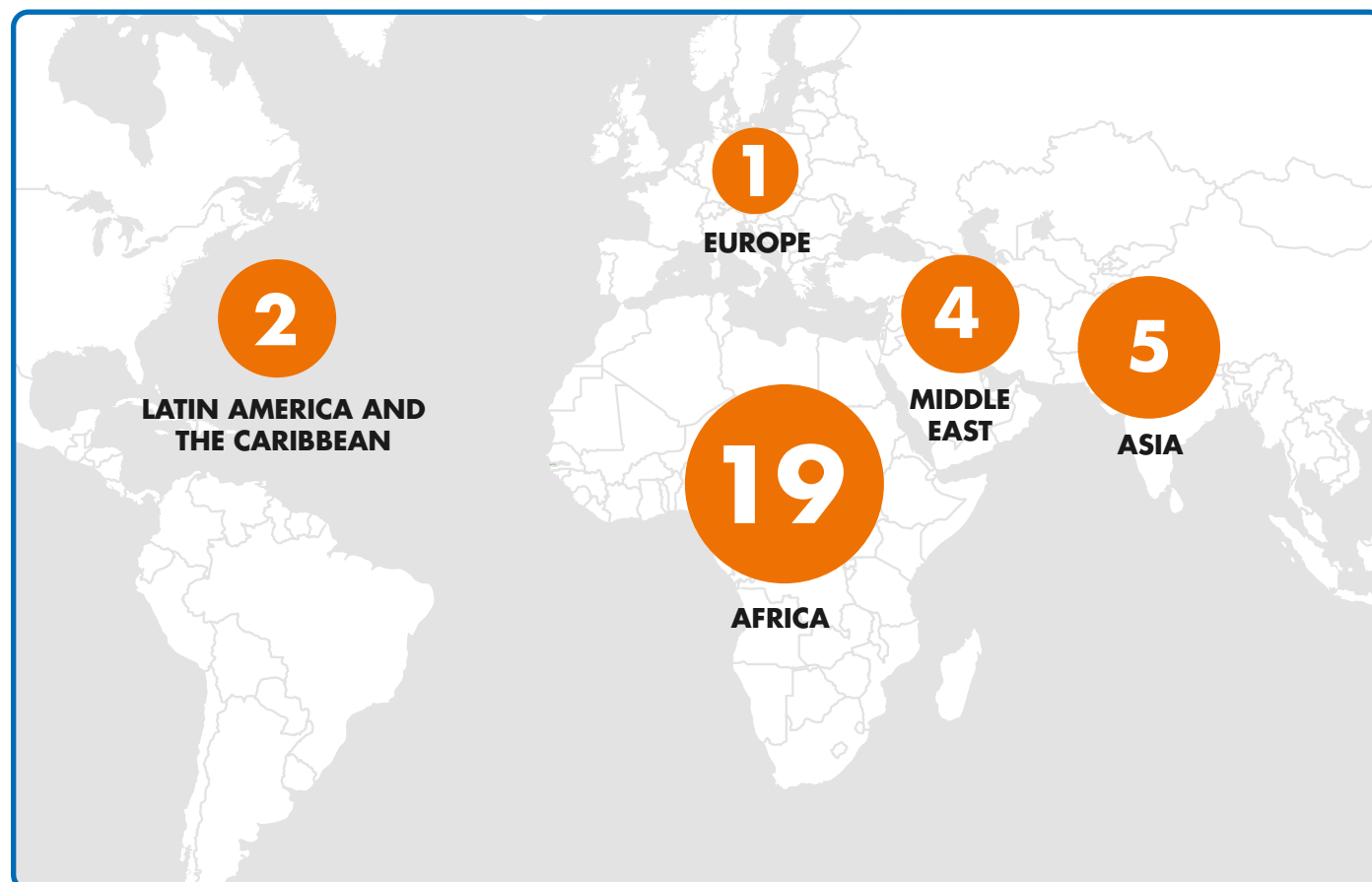
In 2025 we responded to 71 emergencies in 31 countries.

A series of crises, acute and protracted, characterised 2025. Globally, almost half the world's displaced people faced conflict and climate impacts in politically fragile states, including in Sudan, Syria, Haiti, the Democratic Republic of the Congo, Lebanon, Myanmar and Yemen.

Additionally, 1.4 million people across six countries and territories faced catastrophic levels of acute food insecurity, most of whom were in Sudan and the Gaza Strip, followed by South Sudan, Yemen, Haiti and Mali. Responding to these crises formed part of our emergency work in 2025.

We responded in situations of armed conflict and insecurity, which continued to drive population displacements, particularly in the Occupied Palestinian Territories, Mali and Somalia. We also saw a significant influx of refugees into South Sudan and Chad, fleeing the ongoing conflict in Sudan. Climate change continued to impact people worldwide, such as severe flooding and landslides in Kenya and Uganda, and Cyclone Chido in Mozambique, increasing the vulnerability of affected communities. We also responded to natural disasters such as the Cebu Earthquake in the Philippines, where we also responded to repeated crises including flooding, landslides and storms.

Map of regions where we responded to an emergency



Type of emergency responded to

28



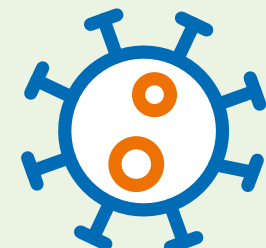
Conflicts

35



**Natural hazards/
climate change**

8



Epidemics

Case study: Lifesaving nutrition support in Gaza

Action Against Hunger provided lifesaving nutrition support in Gaza during 2025, including screening for and treating severe acute malnutrition (and moderate acute malnutrition) for children under 5 years. With funding from the UK's Disasters Emergency Committee we supported mothers by providing nutritional supplements and referrals to specialist services, and managing two mother- and baby-friendly spaces.

The main goal of the programme is the reduction of morbidity and mortality in children and women through improvements in nutritional status. Children under 5 years, their caregivers, pregnant and lactating women, and other community members are directed towards different appropriate services and programmes based on their needs, their nutritional status, risk status and other factors.

As of February 2026, Action Against Hunger had screened 373 children for malnutrition, provided 85 children with treatment for severe or moderate acute malnutrition, supported 962 children through Blanket Feeding Support Programmes, provided in-kind nutrition support to 147 pregnant and lactating women and supported 1,712 individuals with Infant and Young Child Feeding interventions.

Shaimaa and her baby, Tia, received nutrition support in Gaza City, where Action Against Hunger manages an Infant and Young Child Feeding Programme: "Thanks to the therapeutic food provided, my daughter's health improved significantly. Without it, I might have lost her to famine and the harsh conditions. Now I feel she has good abilities and potential."



Case study: Creating family-friendly spaces for women and children in Afghanistan

Afghanistan continues to endure a severe humanitarian crisis in which nearly a third of children suffer from acute malnutrition and around a third of new mothers show signs of postpartum depression.

To help address this, Action Against Hunger set up five family-friendly spaces to improve mental health, psychosocial wellbeing, and resilience among women and children under 5 years and their families. These structures play a vital role for the most vulnerable populations.

Located in the provinces of Ghor, Helmand and Badakhshan, the spaces serve 16,000 people each month, including 800 people for individual and group counselling, 1,200 people for awareness-raising and psychoeducation activities, and almost 500 children aged under 5

years for special activities. In total, the initiative reaches more than 80,000 people through several key activities for undernourished children and breastfeeding mothers, including:

- activities for children under the age of 2 years through play and bonding activities to strengthen the mother-child relationship;
- individual psychosocial support for mothers, including emotional support, relaxation techniques and cognitive therapies provided by trained counsellors;
- psychoeducation to help women better understand and recognise their own mental health needs;
- community dialogues to address stigma and raise awareness of mental health issues.



“The hotline gives women a kind of freedom and a safe space where they are keener to share their problems and emotions.”

Tamana - Hotline Psychologist

Case study: Early warning in action – the MERIAM initiative

The Action Against Hunger-led Modelling Early Risk Indicators to Anticipate Malnutrition (MERIAM) initiative is the first nutrition-focused tool to reliably forecast acute malnutrition prevalence, allowing governments, humanitarian actors and families to foresee and prepare for emergencies long before they occur. Now rolled out across Kenya, Somalia and South Sudan, MERIAM is demonstrating how cutting-edge research can save lives before emergencies strikes.

MERIAM is built on rigorous statistical modelling and integrates data on climate, conflict dynamics, nutrition security trends and health indicators to identify where and when nutritional crises are likely to escalate. The initiative proves that acute malnutrition prevalence and caseloads can be forecasted up to 12 months in advance, significantly extending the timeline for the emergency to be averted.

MERIAM is more than a forecasting tool: it is a catalyst for smarter financing and earlier action. Emergency responses that take place after crises have already hit are costly, and for some people, arrive too late. By enabling governments and humanitarian actors to pre-position supplies, scale programmes in advance and advocate with credible forward-looking data, MERIAM reduces both human suffering and the financial cost of delayed response. Importantly, families can be reached with critical resources and training to not only survive a crisis, but to recover and thrive.

In South Sudan, local communities have welcomed the tool as an important early warning mechanism that creates awareness of risks and enables mitigative actions. Government officials, humanitarian actors and local leaders have all been involved in making MERIAM a success, turning data into action.



“This project is a game changer. It integrates the expertise of all relevant actors to create something truly impactful.”

Ministry of Health official - South Sudan

Join the fight against hunger

One month at a time

Hunger is a daily struggle for millions, but together, we can change that. By signing up as a monthly donor if you haven't already, you can provide life-saving support to children and families in need.

www.actionagainsthunger.org.uk/donate

Plan for the future

Make a lasting impact

Leave a gift in your Will and you'll be helping to build a world free from hunger. Our free wills guide contains everything you need to know, as well as information about our free Wills service. Request your free copy here:

www.actionagainsthunger.org.uk/wills

Campaign with us

It takes people willing to speak up, challenge the systems that drive hunger and push decision-makers to act before crises become catastrophes. When supporters like you take action, we can show MPs and decision-makers that people across the UK expect leadership on hunger and malnutrition.

www.actionagainsthunger.org.uk/get-involved/take-action

Join the

**TOGETHER
AGAINST
HUNGER**

CIRCLE.

Become a changemaker in the fight against hunger by joining the Together Against Hunger Circle – a community of purpose-driven changemakers who believe working together creates the biggest impact. To find out more contact:

circle@actionagainsthunger.org.uk



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