

YOU

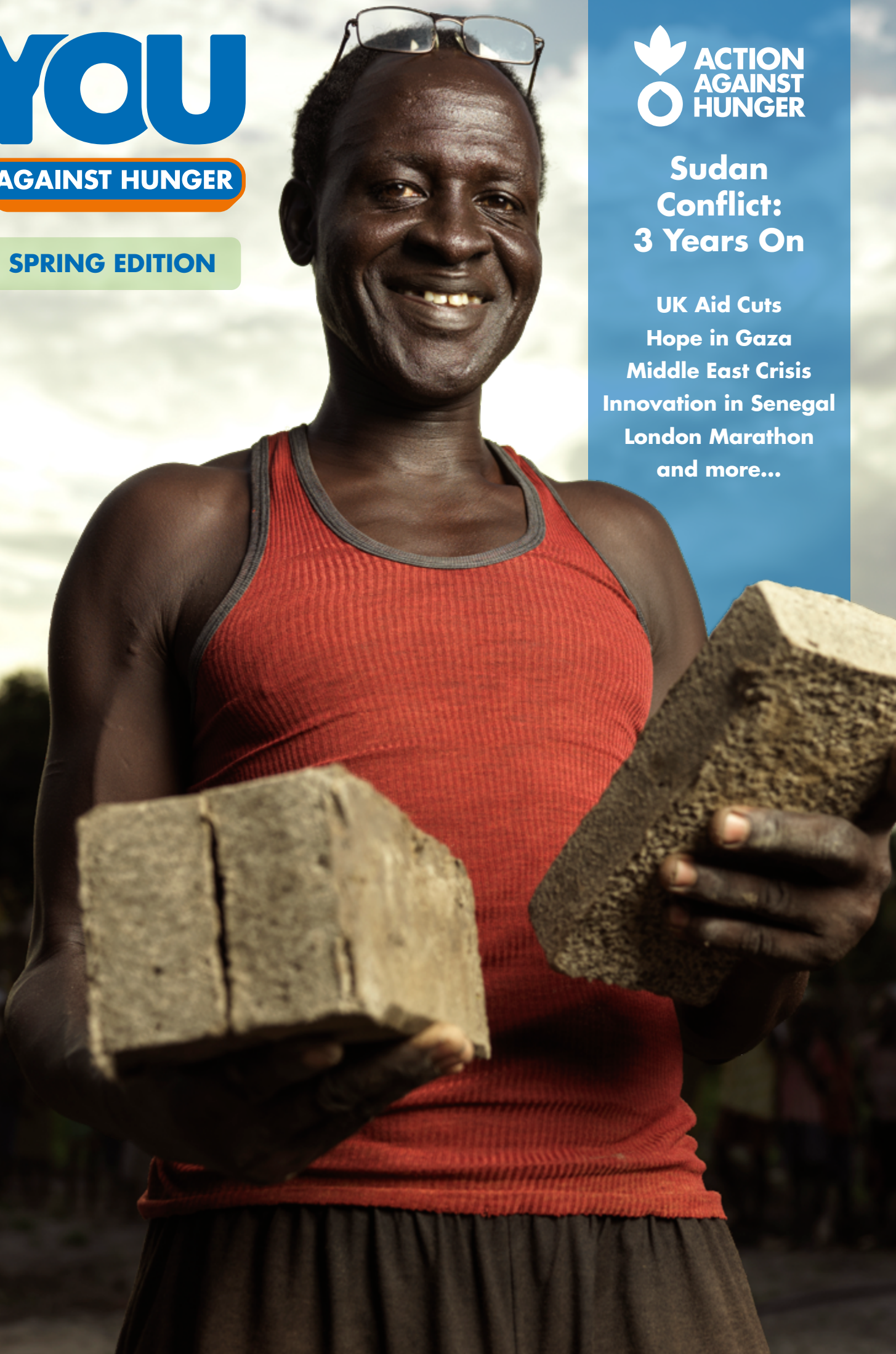
AGAINST HUNGER

SPRING EDITION



Sudan Conflict: 3 Years On

UK Aid Cuts
Hope in Gaza
Middle East Crisis
Innovation in Senegal
London Marathon
and more...



Hello from the Executive Director

“Change is the only constant in life...”

With Spring now in full swing and the days becoming longer and brighter, I want to start by thanking you for standing with us. You might be aware that the past few months have been challenging for the humanitarian sector. We have experienced the ripple effects of the US Aid cuts. In addition, the UK Government’s decision to cut international aid by 40 per cent by 2027 is another significant blow.

At Action Against Hunger, we are no strangers to working in adversity. After taking time to pause and reflect, we have revisited our strategy. Our vision remains unchanged: a world free from hunger.

We have adapted by moving to a smaller office and sadly, last year, we had to say goodbye to some colleagues. With fewer resources, we are redefining the way we work. We are making difficult choices about which



countries we operate in and which projects we can support.

At times like this, I am reminded of the philosopher, Heraclitus who said, ‘Change is the only constant in life’. I want to take a moment to say, I am proud of my colleagues who are embracing new ways of working but also you, our supporter, who is standing by our side helping to continue the life-saving work. I strongly believe that our future will be guided by our values, our humanity and the ability to work together.

This year, we will be looking forward and focusing on three main pillars from our strategy:

Prevent and treat malnutrition.

Respond rapidly in emergencies to save lives.

Influence government policy to address the root causes of hunger.

Jean-Michel Grand
Executive Director

© Photos by Action Against Hunger



News In Brief

Taking action against hunger

In February, Keir Starmer announced his decision to break Labour’s manifesto pledge and cut the UK’s Official Development Assistance (ODA’s) budget by 2027.

Since this announcement, Action Against Hunger issued a statement with 96 International Non-Governmental Organisations (INGO’s) outlining the devastating consequences the aid cuts would have.

Did you know that UK aid represents a tiny proportion of public spending yet delivers significant return on investment? Preventing diseases before they become pandemics, reducing conflict and crises that force people to flee to other countries, and strengthening global stability - protecting people in the UK and around the world.

In March, the government said aid would be scaled back across much of Africa and it would prioritise countries experiencing conflict or major crises, but this is not good enough. While we acknowledge the fiscal pressures that the government is under, we strongly believe that the UK should not balance its books on the back of the world’s most marginalised people. The savings from cutting UK aid are small, but the consequences are huge.

We want the Government to:

- Increase humanitarian aid so it keeps up with growing global needs.
- Honour its original promise to spend 0.7 per cent of national income on aid.
- Reduce the share of aid spent in the UK on refugee costs (currently about 20 per cent) so more funding can support people facing crises around the world.

Do you want a say?

Click the button and send this letter to your MP. Tell the



government to recommit to its promise:

Ask your MP: What’s the impact of UK Aid Cuts?






Hope4Gaza



It can be easy to feel overwhelmed by the scale of the hunger crisis in Gaza and other parts of the world. But the truth is, change is visible through small, determined acts of kindness, from thousands of people like you.

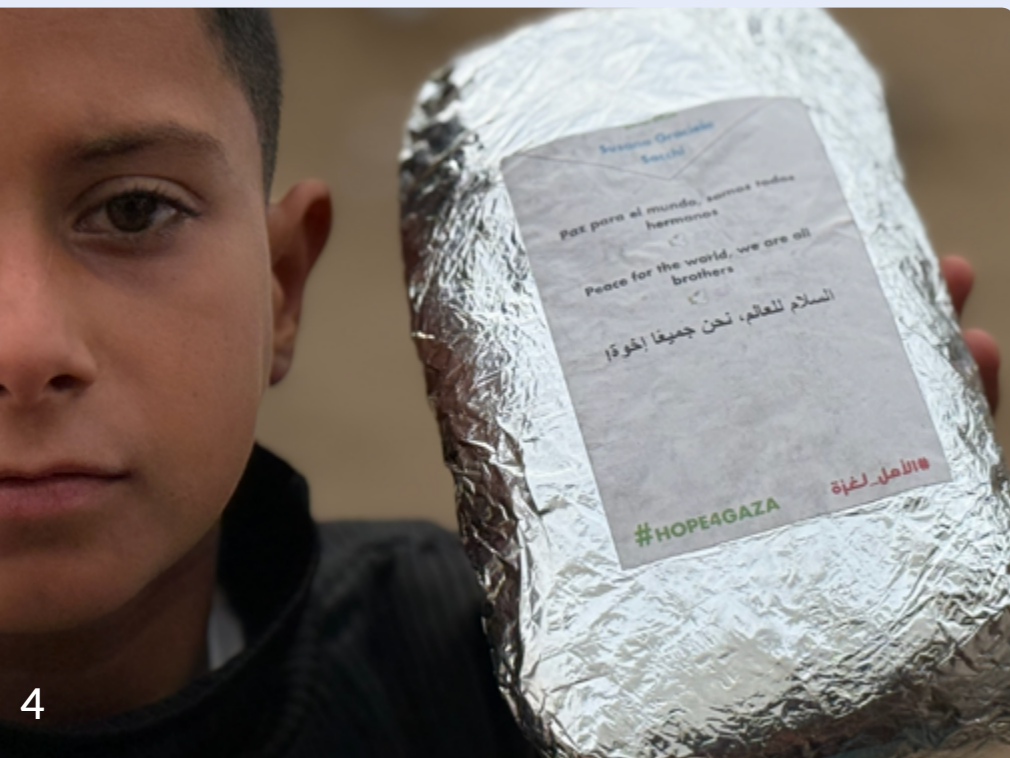
“We hear you, we see you and we stand by you” - Cassie (UK)

Last year, as part of our Hope4Gaza campaign, we invited supporters to share messages of hope to include with our food parcels. The response was incredible, we received over 2,500 heartfelt messages for the people of Gaza.

© Photos by Action Against Hunger



“I am writing to send you love, hugs, strength and peace.” - Oseanne (UK)



Our teams carefully read and translated each message, then shared them directly with people as they received food packages. For communities in Gaza, these messages were a powerful reminder that they aren't alone: there is a global community of people who are acting in solidarity with them, speaking out for a peaceful future free of war and hunger.



Click to watch this short video of people receiving your messages of hope

Standing with communities in:

Palestine, Yemen, Syria, Afghanistan and Lebanon

As tensions escalated across the Middle East, Action Against Hunger launched an online appeal so that staff on the ground could mobilise quickly

to support families facing growing uncertainty. Thanks to supporters like you, we are delivering lifesaving assistance to communities who need

it most. Together, we have reached families in Palestine, Yemen, Syria, Afghanistan and Lebanon with essential aid including:



Shelter and bedding



Hygiene kits



Water



Nutrition supplements

Yemen: Women in business

Action Against Hunger is providing financial assistance programmes in Yemen to empower women to start businesses. This enabled Hanan to start her small stall and support her family.



© Galal Shotari for Action Against Hunger



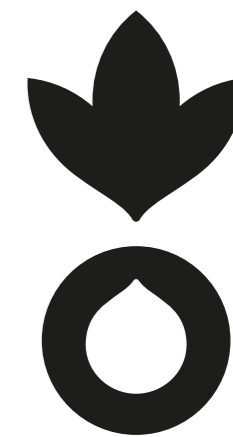
© Omar Abdulkader for Action Against Hunger

Syria: Farm Field School

Action Against Hunger's livelihoods intervention in Syria, Farm Field School, provides training to communities on how to produce silage, compost and feed blocks.

SUDAN

3 years of war



This April marked three years of war in Sudan.

Sudan is more than a crisis.

It is a country with deep history, culture and dignity. But right now, millions of people are facing extreme hunger, danger and displacement.

That is why we have launched Sound the Alarm for Sudan. Over the coming weeks, we will keep raising the alarm through public campaigning, supporter actions and new campaign materials.

You can also read more in our blog:

8 things you need to know about Sudan.



Sudan is more than a crisis – it's a country with deep history and culture.

Sudan is home to one of the world's oldest civilisations.

From the ancient pyramids of Meroë to the cultures that have flourished along the Nile for thousands of years, Sudan has a rich heritage shaped by trade, migration, art and resilience.

Today, Sudanese culture remains vibrant and diverse expressed through music, poetry, food and strong traditions of community and mutual support.

Thanks to supporters like you, Action Against Hunger has been delivering life-saving aid to Sudanese people and providing communities with hope.

Our activities include:

- Treating acutely malnourished children with therapeutic food
- Supporting clinics and health services with essential medicines and vaccinations
- Providing emergency cash and agricultural supplies
- Delivering clean water and sanitation, rehabilitating wells and latrines, and promoting hygiene to prevent disease
- Responding to cholera outbreaks and protecting vulnerable communities
- Funding psychosocial care and gender-based violence support

From left to right: Ackuon, 12, Arek, 15, and grandfather Kerbino, 60, arrived from Sudan and received health screenings and emergency food rations from Action Against Hunger.

“ We travelled to South Sudan to escape fighting in the capital Khartoum... In Sudan when there is conflict, some criminals may drink alcohol and attack women and girls. I was worried about my life in Sudan. ”
- Arek



Senegal

Boolo Xeex Xibon: Communities behind the wheel in Louga



Louga

In the Louga region of Senegal, Action Against Hunger has been working with communities to tackle child malnutrition through an innovative project called Boolo Xeex Xibon. Over three years, the project put communities firmly in the driving seat, giving them the power to identify the causes of malnutrition, design solutions, and lead the work themselves. Rather than directing the programme, Action Against Hunger acted as a facilitator, supporting local people to turn their ideas into action.

© Photos by Guy Peterson for Action Against Hunger



The project also strengthened community skills and cooperation. Parents were trained to screen their own children for early signs of malnutrition, while regular meetings helped communities track progress and make decisions together. Women and young people played a key role, gaining new opportunities to lead and earn an income.



© Photos by Guy Peterson for Action Against Hunger

Mada Dion, from Pakha Sow, built her hairdressing business with the Boolo Xeex Xibon project.

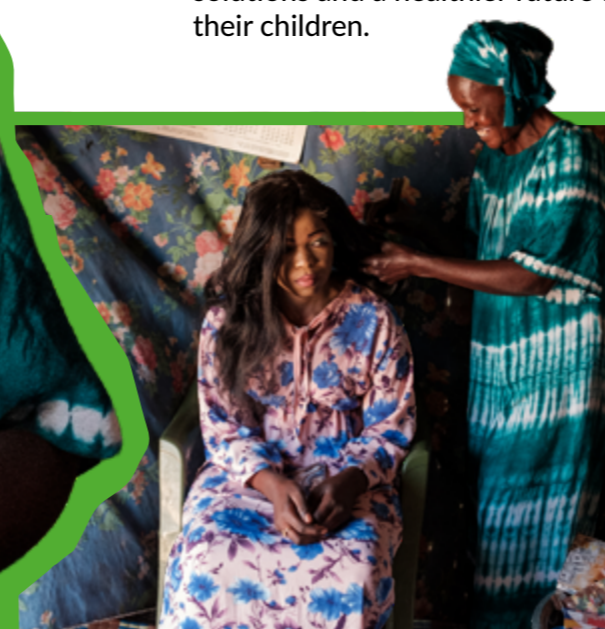
The project financed me and allowed me to hit the ground running. I can now meet my own needs and those of my family.



The results have been powerful. Communities report fewer severely malnourished children, stronger local leadership, and greater confidence to solve challenges together. Many initiatives are continuing to grow even after the project ended—showing how your support is helping communities build lasting solutions and a healthier future for their children.



Community members analysed the challenges affecting children's health and nutrition and developed their own plans to address them. With small grants and training, communities launched initiatives such as rehabilitating a health centre, creating chicken coops, opening a community grocery store, and starting small businesses. These activities helped families increase their incomes while also improving access to healthcare and better nutrition for children.



“ What distinguishes this project from others is they came to listen to us, and we really identified with what they do. And then, there was a concrete commitment: it was not just mere words or empty promises. Many projects have come, asked us about our needs, but then disappeared. With Action Against Hunger, we see concrete results: training, monitoring, technical support. ”

- Community member, Nguer Nguer

Thank you to everyone who trusted us with their Zakat in 2026 - your generosity is making a real difference, supporting families in Senegal with livestock and seeds to help establish sustainable livelihoods, as well as providing essential health facilities.

Miles that matter



Going the distance to end hunger

Taking on the London Marathon is no small feat. This year, 23 incredible supporters went the distance to raise funds for Action Against Hunger. Every mile they run helps bring lifesaving support to people facing hunger around the world. In this edition, we're shining a spotlight on Lottie, one of our dedicated marathon runners, as she shares her journey.

Tell us a little bit about yourself.

Hello, I'm Lottie!

I'm 33, I'm from Central Bedfordshire and I'm crazy enough to have committed to the London Marathon!

What made you decide to run the London Marathon?

Like so many others, I started running during COVID and over time, increased my distance more and more. Eventually I got to a half marathon distance, and with a lifelong motto of 'no half measures', I had to eat my words and commit to the full whack!

Why did you choose to support Action Against Hunger?

I researched lots of charities, but I liked Action Against Hunger the most. I love that their work reaches far and wide - supporting people facing incredibly hard times all around the world.

What kept you going when training gets tough?

I wish I had a better answer to this, but the truth is just sheer grit and determination. I've worked too hard to be beaten!



What has been the most enjoyable part of your journey so far?

I had a friend who was also running the marathon. When either of us get back from a long run, we'll send a message to the other, giving a 'low-down' of how it went - what blisters we have, injuries, fuelling tips... it reminded me that I wasn't in it alone.

What would you say to others thinking about taking on a challenge like this?

I have grown so much during this journey, and I am so pleased to share this accomplishment with my fellow marathoners, and the people I am raising the money for.

Thank you Lottie!

If you'd like to help her reach her target, you can donate here:

2026tclondonmarathon.enthuse.com/pf/charlotte-watson

We're so grateful to the all the other participants who took on the challenge and ran the London Marathon to help end hunger:

Adnane Lahmiri | Alec Padgette | Alex Mann | Andrew Dunn | Ashley McKenzie | Claire Dalmaine | Chris Spanner | Eliza Tadman | Grace Rowley | Jade Bell | Jonathan Barron | Katie Grand | Lauren MacRae | Lottie Davies | Lottie Watson | Michael Kealy | Molly Messenger | Morag Smith | Nike Adeleye | Pawel Owczarek | Rasthy De Los Reyes | Sabnaz Rahman | Samantha Gooch

Celebs, corporate and culinary joining the fight to end hunger



Russell Hobbs

Through its partnership with Action Against Hunger, Russell Hobbs launched Plates for Change - a UK wide campaign inspiring children aged 7- 11 to explore global hunger, healthy eating, and nutrition through fun classroom activities.

Pupils then entered a nationwide competition to raise awareness of hunger, with schools competing for exciting prizes including cooking sessions with a celebrity chef and Russell Hobbs goodies!

We're pleased to share that the winning school was St Mary's Catholic Primary School in Staffordshire!

Foodies, thank you!

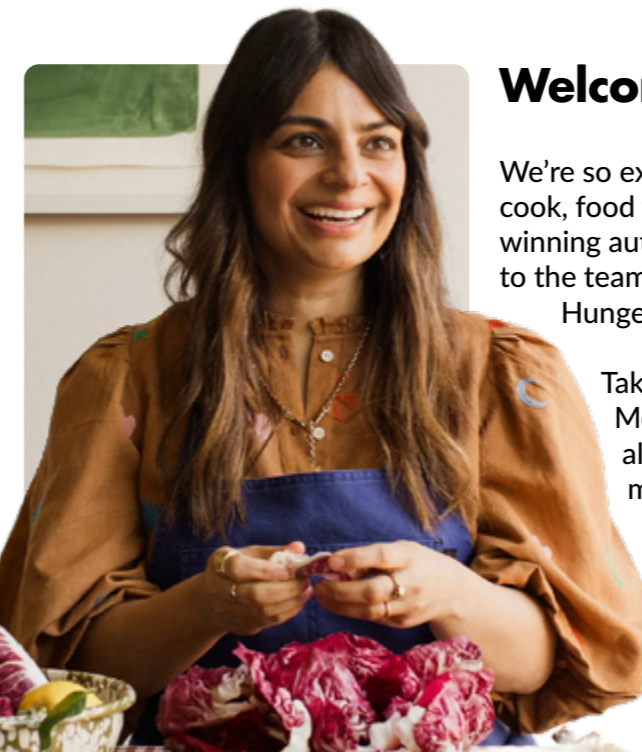


RESTAURANTS AGAINST HUNGER

Restaurants Against Hunger (RAH) unites restaurants and diners to help fight global hunger. By dining at participating restaurants and adding an optional £1 donation between September and October, supporters like you helped raise an incredible £260,323 last year.

This year marks the 15th anniversary of RAH, and we'd love more restaurants to get involved.

If you're interested in taking part, please email the team at restaurants@actionagainsthunger.org.uk



Welcome, Meera

We're so excited to welcome cook, food writer and award-winning author Meera Sodha to the team as Action Against Hunger's newest ambassador.

Taking on this new role, Meera said: "Food has always been central to my family's story as a source of comfort, connection, and community. But it is also political, and access to food and

nutrition is still a privilege rather than a right for millions of people.

I've always supported Action Against Hunger but making this commitment official feels like a natural next step and I'm proud to stand alongside an organisation working to protect the most fundamental thing we all share: the right to access good food."

Thank you for all your support Meera! We can't wait to continue our work together.



ACTION AGAINST HUNGER

Keeping in touch

You spoke



We listened



Thank you to everyone who filled in our supporter survey or took part in an online focus group last year - we truly appreciate you taking the time to share your thoughts with us.

Your feedback is so important and we learnt that you want to hear more about Action Against Hunger's impact as we work towards our vision of a world where no one dies from hunger.



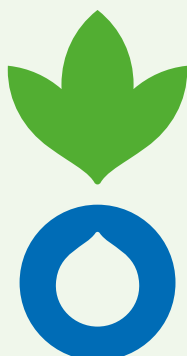
Sign up to hear more

Click here to join our email list today to receive your next magazine online, along with inspiring updates, success stories and the latest news about our work throughout the year.

We're all ears!

We're currently planning new ways to share more impact stories with you. If you have any further thoughts or ideas, we'd love to hear from you. Please contact our friendly Supporter Care team at:

support@actionagainsthunger.org.uk or call 0208 853 7577.



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