

YOU



AGAINST HUNGER



**THE IMPACT WE MADE
TOGETHER IN 2023**

WHY WE DO WHAT WE DO

Our vision

We envision a world free from hunger. Life-threatening hunger is predictable, preventable and treatable, so a world without it is possible. We tackle it where it hits and research how to stop it.

Our mission

No one needs to die from hunger. We stop life-threatening hunger in its tracks. We train parents and healthcare workers to spot the signs, and we provide life-saving care to people who need it.

Our research allows us to understand how to predict, prevent and treat life-threatening hunger. With unbeatable knowledge and unstoppable determination, we're taking action against hunger.

Achievements

In 2023, we worked in 59 countries with 8,987 staff around the world. We ran projects in 56 countries and assisted over 21 million people.

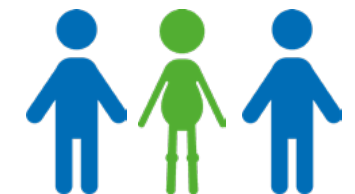
Life-threatening hunger is caused by conflict, climate change, natural disasters, poverty and inequality – particularly gender inequality. As a result, too many people still do not have enough food to eat in a world of plenty. Action Against Hunger addresses the causes of hunger to prevent people from experiencing life-threatening hunger and malnutrition*.

These facts and stats explain why we do what we do:



3 billion people
cannot afford healthy diets

Around 45% of deaths among children aged under 5 are linked to undernutrition*



1 in 3 people are affected by at least one form of malnutrition

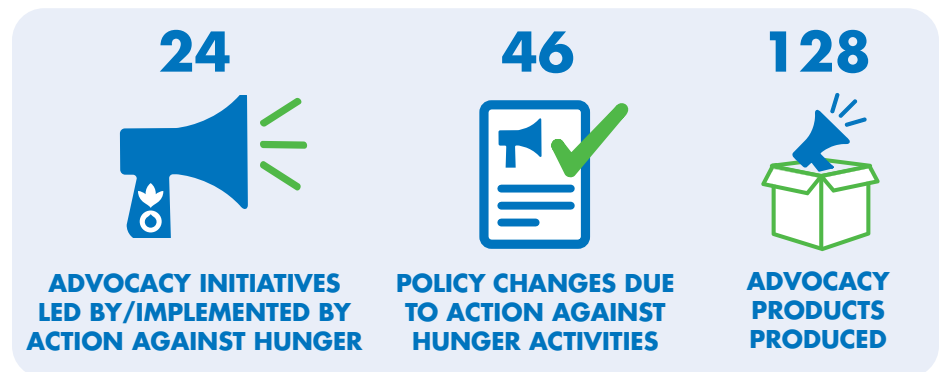
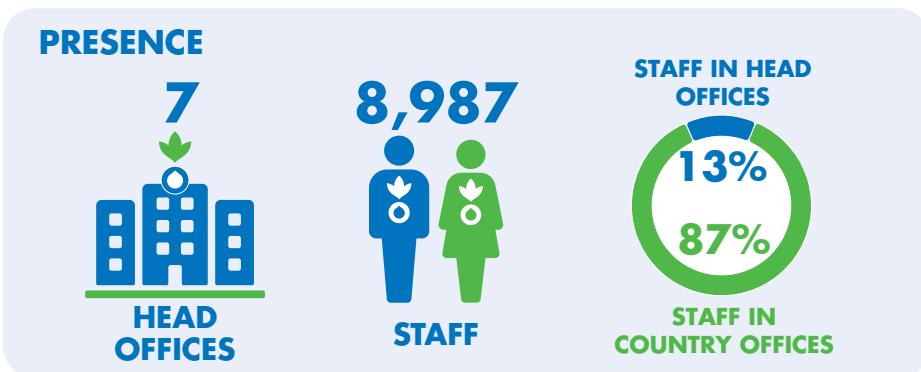
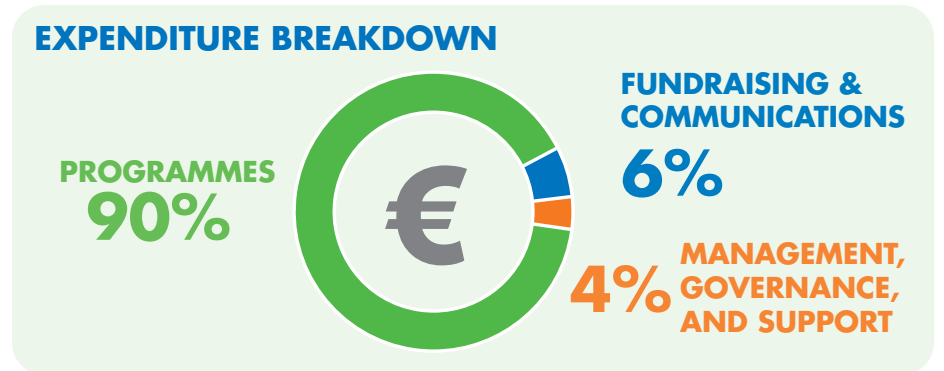
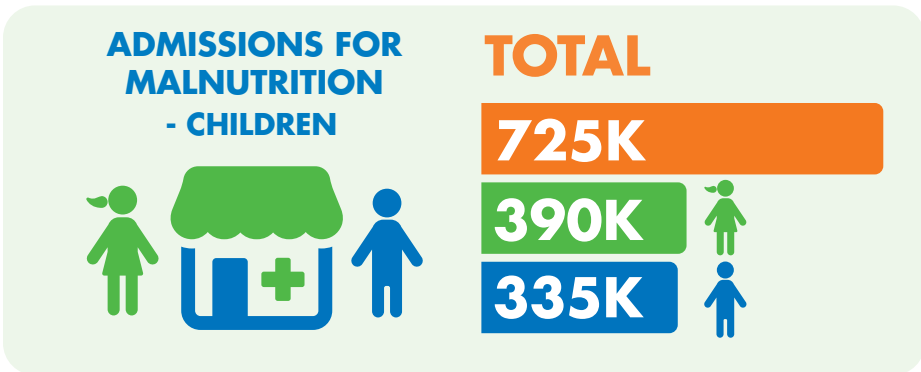
* **Malnutrition** refers to an unbalanced diet, including excessive eating, whereas **undernutrition** refers to a deficiency of nutrients.

WHERE WE WORKED IN 2023



OUR GLOBAL IMPACT

Action Against Hunger UK is part of a global network with head offices in Canada, France, Germany, India, Italy, Spain, USA and the UK. These facts and stats are based on the network as a whole, so the annual income has been calculated in euros.



Action Against Hunger UK's

objectives in 2023

© Khaula Jamil / Action Against Hunger



Treat malnourished children and vulnerable people

1

© Ufulu Studios / Action Against Hunger



Drive innovative approaches

4

Respond to the food poverty crisis in the UK

2



© Joe Golden / Action Against Hunger

Expand our technical expertise

5



© Action Against Hunger

Use evidence and data to inform and influence positions and policies

3



© Arthur De Poortere / Action Against Hunger

Bring the voices of affected communities to our supporters and activists

6



© Action Against Hunger

1

Treat malnourished children and support vulnerable adults

In 2023, we treated malnourished children and supported vulnerable adults across the world. Project Vruddhi was set up by Action Against Hunger in Gujrat, India to deliver high quality nutrition services and increase awareness within communities.

Despite India's economic growth, hunger and malnutrition are still on the rise. In fact, India is home to more than one-third of the world's malnourished children, with 46.6 million being too short for their age and one in every six children being excessively thin. Half of the women in India also suffer from anaemia.

When Sonali Patel attended her first antenatal check-up, her iron levels were very low. She was prescribed iron and calcium tablets and was advised to attend four follow up antenatal appointments.

When Sonali did not attend her second antenatal check-up, the team visited her at home, where they found her struggling to get out of bed. Sonali was hospitalised and given intravenous therapy. After three days she was well enough to return home. However, in her final trimester her iron levels dropped again. Our team continued to monitor Sonali carefully until she was able to deliver a healthy baby, Daya, in January 2023.



Sonali holding her healthy baby Daya

© Action Against Hunger

2

Respond to the food poverty crisis in the UK

Despite being the sixth largest economy in the world, food insecurity in the UK is increasing day by day. According to the Food Foundation, during 2023, nine million adults said they had reduced or skipped meals because they could not afford food, and three million adults reported to going hungry for an entire day.

The rise in food insecurity can be traced to the Covid-19 pandemic, the war in Ukraine and the resulting cost-of-living crisis. Weekly food shops are now unaffordable for many.

In 2023, Action Against Hunger provided funds to six community food pantries (community-run stores where households can access a variety of foods each week for a small fee). Together, we supported 560 households every week for six months.

We also provided support to Somerset County Council to roll out a network of local pantries. This included providing guidance on setting up and running the pantries, helping to develop a food resilience strategy and producing a video to raise awareness.



Volunteers prepare food for pantry members in Somerset

© Joe Golden / Action Against Hunger

3

Use evidence and data to inform and influence positions and policies

In November 2023, the UK Government hosted a Global Food Security Summit. During the summit, our Executive Director, Jean-Michel spoke about conflict and hunger and the role the UK has in championing UN Security Resolution 2417 – which prohibits the use of hunger as a weapon of war. He explained the importance of upholding international humanitarian law and investing in long-term food security.

The UK Government launched its new White Paper on International Development which Action Against Hunger submitted evidence for. We also co-organised an event with the World Health Organisation (WHO) on their new Wasting Prevention Guidelines.



© Eden Sparke / Action Against Hunger

Jean-Michel speaks at the launch of the new WHO guidelines

4

Drive innovative approaches

In 2023, as part of a three-year innovative research project, we worked in Senegal to tackle life-threatening hunger. This project focused on empowering four communities in Senegal's northern regions to identify the root causes of undernutrition. Weekly discussions were held with 352 people from four communities.

The findings were put together and shared with the communities, who then ranked the risk factors accordingly. This approach allowed communities to formulate, learn, and understand the underlying causes of undernutrition. Each community received £5,000 to come up with solutions and prepared detailed action plans along with budgets to support their initiative.

So far, the project has shown that communities can successfully identify risks and find solutions to undernutrition. Communities have created Health Huts, small businesses and have also started breeding livestock to provide meat and milk as an income source.



© Action Against Hunger

A community project meeting in Senegal

5

Expand our technical expertise

We have been working in Mali and across the world to promote the use of Community Health Workers (CHWs) to diagnose and treat severe acute malnutrition through home visits.

We discovered that CHWs achieved the same or better results for treating children with severe acute malnutrition compared to a hospital setting. In Mali, 94.2% children were cured with the support of a CHW, compared to 88.6% children who visited a healthcare facility. The CHWs have also improved the number of children being diagnosed.

The World Health Organisation (WHO) is the world's leading agency providing recommendations on malnutrition treatment and in 2023, it endorsed our CHW model and updated their global guidelines on malnutrition.



© Toby Madden / Action Against Hunger

Community Health Worker Janeth, from Tanzania, with Rehema Hamis and her granddaughter Eliciana after a home health visit

6

Bring the voices of affected communities to our supporters and activists

A key part of Action Against Hunger's mission is to highlight the drivers of hunger, such as climate change. In February 2023, we hosted a photo exhibition at the Oxo Tower, London. The photos showed the devastation caused by extreme flooding in South Sudan.

Action Against Hunger provided rice seeds and showed farmers how to plant them in the floodwaters. Photographer Peter Caton and journalist Susan Martinez visited the villages, capturing the stories of those affected as they cleared water from their homes.

The launch event was attended by 100 guests including speakers Lord Oates (Liberal democrat peer), Seyi Rhodes (television presenter and investigative journalist), and photographer Peter Caton.



© Peter Caton / Action Against Hunger

One of the photos displayed at the exhibition, showing the devastation of floods on families

WAYS TO GET INVOLVED



Join us at Sounds of the Season

Join us on Monday 16th December at St Peter's Church, Eaton Square, London, for **Sounds of the Season**—a unique festive concert hosted by the brilliant comedian **Shappi Khorsandi**. From **6.30pm to 8.45pm**, enjoy an evening of celebration filled with harmonies against hunger and feast-ivities from celeb chefs, all thanks to our generous sponsor, **Unearthed**.

Sing to Save a Life: each £42 ticket represents the cost to save the life of a child with severe acute malnutrition by providing Ready-to-Use Therapeutic Food for six weeks.

To buy your tickets, scan the QR code or visit: againsthunger.org.uk/tickets



Get involved in a challenge event

Get involved in a challenge event to help end hunger. For more information, email runandchallenge@actionagainsthunger.org.uk

Use our FREE Will-writing service and leave a gift to Action Against Hunger

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