

Parliamentarians Take Action Against Hunger





ENDING CHILD HUNGER IN OUR GENERATION

For 40 years I have cared passionately about food; sourcing and serving the very best food. Food brings me and my diners so much happiness. So I was shocked to find out that a child dies from hunger every 10 seconds because they simply don't have enough food to eat.

But I do not believe hunger is inevitable. We have the knowledge and the means to prevent hunger in the future, but more than anything we need the political will to make this a reality.

Action Against Hunger, and organisations like them, have made great progress in the fight against hunger, but they cannot do it alone. We must unite together - individuals, restaurateurs, Parliamentarians - and seize the opportunities. Otherwise we miss the real opportunity to be the

generation that brings an end to child deaths from hunger.

That is why I am proud to support Action Against Hunger - an organisation that for more than three decades has worked to provide families with access to good nutrition and water and has had a constant and irreplaceable role in running programmes to combat hunger and undernutrition in many parts of the world affected by natural disasters and conflict.

They have provided me and restaurants of all types across the country with the opportunity to turn their passion for food into a powerful movement against child hunger.

They contribute to the fight against hunger around the world in truly remarkable ways.

So if like me you care about childhood hunger and malnutrition, how good nutrition can help children thrive and reach their full potential then I ask you to show your support for Action Against Hunger's growing movement towards a world where no child goes to bed hungry.



Raymond Blanc OBE, Action Against Hunger ambassador and Chef Patron of the two Michelin-starred Belmond Le Manoir aux Quat'Saisons and founder of BrasserieBlanc restaurants.

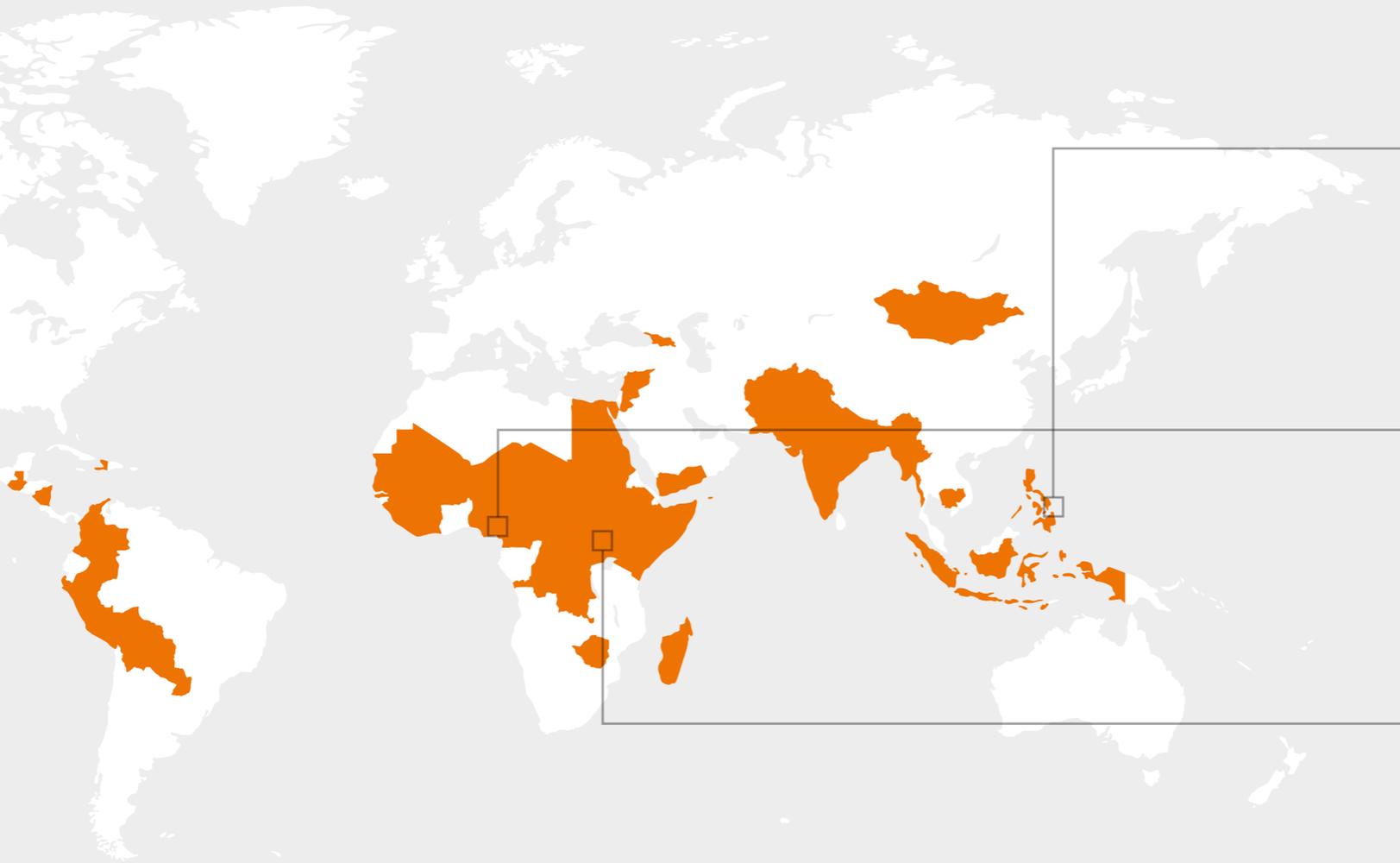
WHERE WE WORK

Action Against Hunger works in

47 countries

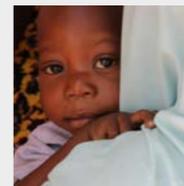
across the world, spanning

4 continents



PHILIPPINES

After typhoon Haiyan, one of the most powerful ever recorded, struck the Philippines we immediately launched an emergency response - starting with 12 aircraft containing 250 tons of emergency supplies. Within the first 12 months following the disaster we helped over 555,000 people. Even after the initial emergency phase we continued to work with partners and the local government to help families recover and rebuild their lives.



NIGERIA

Although Nigeria has the second largest economy in Africa, it also has one of the highest numbers of severely malnourished children in the world. Our support to national agencies and communities helps to build local capacity to treat deadly malnutrition. In 2014 alone we provided nutritional support to two million people and provided 21,000 people with access to safe water and sanitation.



SOUTH SUDAN

Conflict and political turmoil has plunged South Sudan into one of the world's worst food crisis. As well as training community volunteers to identify and refer malnourished children to outpatient treatment programmes, we're providing communities with tools and seeds to grow their own food, installing water points and latrines, and providing valuable support and advice to mothers on breastfeeding and good hygiene practice in a bid to prevent their children becoming ill.

10 THINGS YOU SHOULD KNOW ABOUT ACTION AGAINST HUNGER

1

In 2014 we helped over **13 MILLION PEOPLE** around the world.

From Africa to Asia, our teams treat malnourished children and provide families with long-term access to food and water in **47 COUNTRIES WORLDWIDE.**

2

When a disaster strikes, our 24 hour rapid-response emergency teams deliver immediate life-saving aid to children and families in distress.

From natural disasters like the recent earthquake in Nepal to conflicts - delivering humanitarian assistance wherever the need arises.



3

We help save lives by diagnosing and treating malnourished children.



From hospitals to the home - helping children recover from malnutrition so they can fulfil their potential



4

We train local health workers to prevent malnutrition in the future.

Building the capacities of national government and local health workers in the long-term.



5

We improve and develop communities' access to **SAFE WATER, HYGIENE AND SANITATION.**

Through building of water taps and latrines, and equipping families with knowledge of safe hygiene practices, to ensure they have the tools to protect themselves from disease - a leading cause of malnutrition.

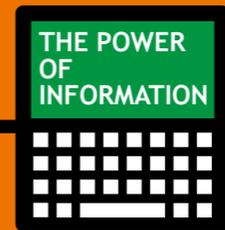


7

We are improving the quality of humanitarian response by unlocking

THE POWER OF INFORMATION

Supporting nutrition programmes around the world to track their reach and enabling them to become more accessible to those who need them.



6

We provide communities with the tools, seeds, training and knowledge to improve their access to food.



Giving communities the opportunity to work their way out of poverty and the resilience to prevent hunger in the long term.

9

We empower the UK public to take action against hunger.

Whether it's signing a petition, running the London Marathon, or doing the IRONMAN with Gordon Ramsay's GR100; our dedicated supporters do just about anything to support an end to child hunger.

8

We collaborate with those who have an ambition for food and turn it into a positive movement of action against hunger.

Whether it's through our Love Food Give Food campaign or our one off events supported by some of the UK's top chefs, the UK food industry is playing a vital role in raising life-saving funds on a year-round basis.



10

Through working with decision makers we are making sure **CHILD HUNGER AND MALNUTRITION IS A POLITICAL PRIORITY** for the UK Government.

Raising vital awareness of issues surrounding malnutrition and collaborating with others we are bringing about effective change in policy and practice.





MALNUTRITION IN A MINUTE

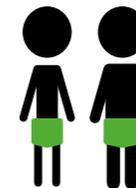
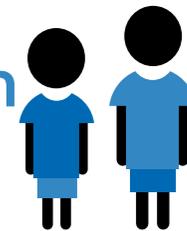
Malnutrition is caused
by a deadly mix of
hunger and disease.

45% of all
childhood deaths are
due to malnutrition

Malnutrition in the first
1000 days of life can lead
to **irreversible damage**
to a child's body
and brain



1 in 4 children
have had their growth
stunted by malnutrition



52 million children
are physically wasted

Less than 1%
of the world's aid
Global Official Development Assistance (ODA)
goes to nutrition



Malnutrition is NOT inevitable - it is **preventable** and **treatable**.

We can prevent malnutrition by
ensuring every child has access to
nutritious food and is protected
from illness



Innovative ready-to-use therapeutic
foods can revive children with severe
wasting in a matter of weeks



MALNUTRITION MATTERS BECAUSE...

THE PROBLEMS ARE BIG...

Malnutrition weakens children's bodies, leaving them **weak and unable to fight off diseases** like malaria and diarrhoea.

Malnutrition is associated with a reduction in IQ and **malnourished children are 20% less able to read.**

Children in the poorest 40% of the population are **3 times more likely to suffer long-term complications** from undernutrition than children in the top 10%.

Poor nutrition impacts health and education, which can limit job prospects. **Malnourished children go on to earn 20% less later in life.**

Countries in Africa and Asia can lose as much as **11% of their GDP** from poor nutrition.



HEALTH

EDUCATION



EQUALITY

EMPLOYMENT



ECONOMY



...BUT THE OPPORTUNITIES ARE BIGGER

The top interventions to improve child nutrition could **cut stunting by 20% and severe wasting by 60%** and help minimise the risk of other childhood killers.

Well-nourished children perform better in school; they complete more school years and are 13% more likely to be in the correct grade at school, boosting lifelong skills.

Good health, educational outcomes and jobs **break the cycle of poverty** and ensure that all children get the chance to reach their full potential.

Good nutrition can lead to increased productivity and **a healthier and more skilful workforce.**

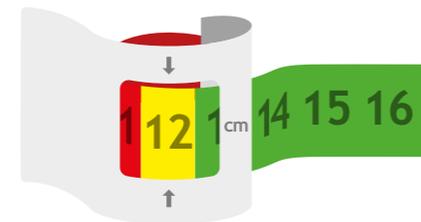
Improving malnutrition now could boost country's long-term economic growth and stability, **with an average return on investment of \$16 for each \$1 spent on tackling childhood malnutrition.**

SIMPLE SOLUTIONS: TREATING MALNOURISHED CHILDREN WITHIN THE COMMUNITY

Diagnosing severely malnourished children is now even easier.

Colour coded tapes - called MUAC tapes - measure the changes in muscle and fat mass in a child's arm to identify whether a child is severely malnourished (red), at risk of becoming malnourished (yellow), or healthy (green).

These amazing tapes are simple and accurate enough to be used by community health workers and cost as little as 20p each!



If malnourished the child is referred to the community health centre where they confirm the severity of their condition by measuring their "weight-for-height" ratio.



© Andrew Parsons / Action Against Hunger
- South Sudan



© Sanjit Das / Action Against Hunger
- Nepal

The child is immediately put on a course of life-saving treatment.

Around 20% of children will be referred to an inpatient stabilisation centre because of medical complication.

Here they receive round-the-clock treatment and regular feeding of therapeutic milk until the complications subside and they regain their appetite.



Most children - around 80% - can be treated with revolutionary Ready-to-Use-Therapeutic Foods known as RUTFs.

Mothers and fathers can pick up weekly supplies of this highly nutritious and calorie packed paste - which requires no refrigeration, cooking or added water - from their local health centres and treat their children at home.

This amazing treatment cures 90% malnourished children in a matter of weeks.

NURTURING MALNOURISHED CHILDREN BACK TO HEALTH: PRAHLAD'S STORY

Eighteen month old Prahlad, from India's Madhya Pradesh, weighed just 4.4kg when he first arrived at a nutritional rehabilitation centre. By that time he had grown very weak.

"Prahlad no longer played and lost his strength," his mother Rehka said. "He could not even smile or play anymore".

© Sanjit Das / Action Against Hunger - India



Prahlad was immediately diagnosed with life-threatening malnutrition and put on a tight treatment schedule.

For the next 24 days he received regular meals, including therapeutic milk, eggs and the complementary food he needed to regain his strength.

Less than a month later, Prahlad was well on the road to recovery. He was laughing again, and was discharged from the health centre.



TOWARDS A WORLD WITHOUT HUNGER

A world where no one goes to bed hungry and where no child needlessly dies from preventable malnutrition...



September 2015
Sustainable Development Goals

We have an unparalleled opportunity to secure a global commitment to obtain a life free from malnutrition for millions of children by 2030.



December 2015
Climate Change Conference

Our biggest chance to get climate negotiators to focus their attention on the consequences of climate change on hunger.



May 2016
World Humanitarian Summit

An opportunity to reset the humanitarian system in order to meet the needs of people in emergencies, especially those who are food insecure.

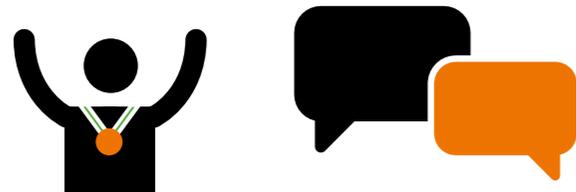
NUTRITION FOR GROWTH | Beating hunger through business and science

August 2016
Rio Olympic Hunger Summit

1000 days after Nutrition for Growth the UK will once again play a leading role in the Hunger Summit, uniting leaders from all corners of the world to bridge the gap in the fight against malnutrition.

HOW YOU CAN TAKE ACTION AGAINST HUNGER

CHAMPION



Champion and support policy change in Parliament. Influencing positive policy change, by initiating and backing commitments and legislation which improve the lives of the world's poorest, is one of the chief and most tangible means taking action against hunger in Parliament.

Be active in positioning hunger in your party. Party policy is members' policy.

Encouraging party dialogue around hunger and malnutrition, and engaging with the party's positioning is extremely important.

Champion hunger issues in and around select committee work. The International Development Committee plays a critical role in shaping UK international development policy dialogue.

DO



Take part in debates and raise parliamentary questions. Questions and debates help raise the profile of malnutrition, while helping to gather vital information and holding decision makers to account on their policies and commitments.

Write to the Secretary of State. Writing to ministers is one of the best ways of demonstrating your support, as well as holding Ministers to account. By writing directly you can call for action on efforts to tackle childhood malnutrition.

You can help bring about effective change that could impact millions of the most vulnerable children in the world.



Work with constituents. Child hunger is a key concern of the British public. Engaging in discussions and responding to letters from constituents is an important way of demonstrating your joint support.

Engage the media. By writing op-eds and giving interviews you can help promote public engagement and support for this important issue.

Speak at events. Participating in events both inside and outside Parliament is a great way to demonstrate your support and to engage with other sectors involved in the efforts to tackle hunger.

JOIN



Join an APPG. Work together with other parliamentarians and interested parties to discuss new developments, and support and scrutinise UK government policy by holding important inquiries on issues relating to child hunger.

Become a member of a party interest group. Belonging to a party interest

group, such as the Conservative Friends for International Development and the Labour Campaign for International Development, is a great way to be involved in important development issues, such as child malnutrition.



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